

SPECIAL SEMINAR

“SOME THOUGHTS ON WELLBEING FOR SCIENTISTS”

Thursday, October 12th, 2023
12:00 p.m.

Whitehead Biomedical
Research Building
Auditorium



SHARON MILGRAM, PHD

Director, Office of Intramural
Training & Education
National Institutes of Health
Bethesda, MD

1991 Graduate of the Biochemistry,
Cell and Developmental Biology
Program

**2021 Distinguished
Alumni of the Year Award
Winner**

Dr. Milgram will discuss the culture of over-work in research communities and how this can lead to burn-out, health concerns, and incivility in the community. She will show data from NIH interventions and discuss what she thinks individuals, research groups, programs and the broader community can do to make change within our communities.



EMORY

LANEY
GRADUATE
SCHOOL

Graduate Division of Biological
and Biomedical Sciences