

WELLNESS & SUPPORT RESOURCES

This guide is intended to assist students, faculty members, and staff in quickly identifying appropriate campus resources to meet individual student needs. Each line represents a service offered by the office listed at the top. Use hyperlinks to navigate to websites to learn more. ***In the case of an emergency, please call Emory Police at 404-727-6111 or 911.**

COUNSELING & PSYCHOLOGICAL SERVICES

 404.727.7450

Counseling Services

Individual counseling sessions – up to 8 free sessions with a CAPS counselor/academic year (if clinically appropriate),

Drop-in consultation sessions- “Let’s Talk” Program- an informal, free, confidential consultation service with a clinician. Consultations are typically 15-minutes and are not a substitute for individual counseling.

Group counseling- interpersonal process, identity-based, and topic-specific groups offered each term,

Couples counseling- if both partners are Emory enrolled students

Crisis Walk-in Appointments, M-F, 8:30 am-3:30 pm (walk-in appts. do not count towards 8 scheduled sessions)

Drop-In Workshop

Unlimited, single topic, group workshops

Skills Workshops

Stress Clinic and Coping with Difficult Thoughts & Feelings

Referrals to Off-Campus Providers

Use the Thriving Campus platform to search for off campus providers that meet your specific needs and preferences

TimelyCare

24/7 free TalkNow services (anytime, anywhere) and free scheduled counseling (up to 12 sessions).

STUDENT HEALTH SERVICES

 404.727.7551

On-campus health care providers for multiple physical health specialties and psychiatric services. Accept Emory University Student Health Insurance Plan (EUSHIP)

Emory Student Telehealth

833.484.6359; online login will be more direct

Provided by TimelyMD

Available to students anywhere in the world

Virtual health appointments

Mental health professionals available 24/7 via **TalkNow**

STUDENT CASE MANAGEMENT & INTERVENTION SERVICES

 404.727.4193

Student Intervention Services

404.430.1120

To receive immediate help for a student in distress, faculty, staff, and students can speak to a clinical social worker 24/7 by calling 404-430-1120.

To request a consultation for students **needing assistance related to any concern** including those from isolation and quarantine, faculty, staff, and students can e-mail sisteam@emory.edu, or submit a student of concern form. Emails and forms will require time for routing and response.

Food Pantry

SCMIS Eagle Food Co-op has partnered with Bread Coffeehouse to offer a food pantry and hygiene items free of charge to all Emory students

Fill out an appointment and dietary restrictions form 24 hours ahead of the desired pick-up time

For questions contact Co-op Coordinator, Kierra Adams - kierra@breadcoffeehouse.org or eaglefoodcoop@breadcoffeehouse.org

Food Security Safeguard Program

The Food Security Safeguard Program (FSSP) in partnership with Student Case Management and Intervention Services is designed to assist any Emory undergraduate or graduate students with immediate food security needs on the Atlanta campus

Fill out an FSSP request to receive three meal swipes at Dobbs Common Table

OMBUDS OFFICE

 404.727.1531

Assistance navigating interpersonal conflicts: improprieties, or unfairness as well as guidance on University policy and procedure about the issue

Informal mediation through facilitated discussions for individuals experiencing interpersonal issues

BIAS INCIDENT REPORTING

Report language or action that demonstrates bias against one's protected characteristics. Bias incidents include, but are not limited to, name-calling, stereotyping, belittling, or excluding others based on their identity. Some, but not all, bias incidents may rise to the level of discriminatory harassment, sexual misconduct, or other violations of policy or law.



WELLNESS & SUPPORT RESOURCES

OFFICE OF SPIRITUAL & RELIGIOUS LIFE

 404.727.6226

Connect to Communities: Emory offers a diverse array of spiritual traditions on campus and in the vibrant interfaith city of Atlanta.

Office of Spiritual and Religious Life offers Programs, Services, and Sacred Spaces to the Emory community, and they are here to support religious and philosophical communities and interfaith engagement.

OFFICE OF HEALTH PROMOTION

 404.727.1000

Alcohol and substance use education and resources for students for their use or for students who are concerned about a friend, roommate, or loved one

Mental well-being programs, education, and resources specifically on mindfulness and sleep improvement

Sexual health education, resources, and services including safer sex supplies and free HIV testing

OFFICE OF DIVERSITY, EQUITY & INCLUSION

 404.727.9867

Title IX Coordinator for Students
404.727.4079

Report sexual harassment and misconduct that may violate Title IX law and Emory policy

Impacted parties can learn about formal and informal resolution options

Department of Accessibility Services
404.727.9877

Request a consultation for accommodations, including short term or injury-related accommodations

OFFICE OF RESPECT

 470.270.5360

Help, advocacy, and support for students impacted by sexual harassment, sexual assault, or partner violence

Training, programs, and events to educate the Emory community on sexual harassment prevention

FINANCIAL RESOURCES

Laney Graduate School Emergency Loan
Student Hardship Fund: Provides up to \$500 to students for needs due to catastrophic events
Office of Financial Aid

ADDITIONAL RESOURCES

LGS "Student Support Services" webpage
Campus Life "Get Support" webpage