Dec. 7 Professionalization Workshop Career Development and Planning

Pre-work: Next Monday send out an email asking the program to look over the my IDP website and to fill out an online survey. See questions below.

There are 2 main reasons you do Career planning:

You have no idea what you should do next

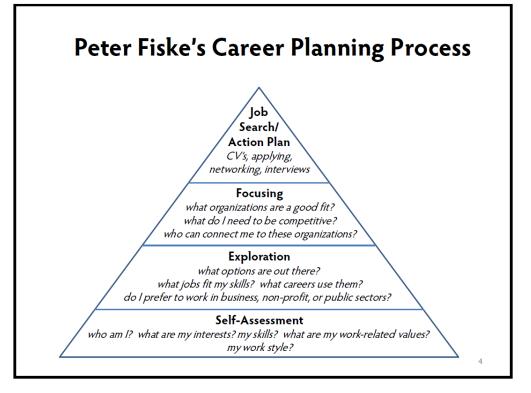
You want to make yourself a more desirable candidate for the job you want.

Two different answers to the same question at an interview: What is your 5-year plan?

1-Get a job and be gainfully employed.

2-Be a ____ in ____environment working on _____ with _____. I want to have the following three skills/tasks be part of my daily life.....

From the Steve Lee lecture posted on Northwestern CLIMB website:



Abilities, Skills, and Values

Ability/Strength- This is something you are innately good at. A list of options, give examples in people,

Skills- A learned task that can be taught, grasped and executed by an individual even if they are not innately good at it.

Values-A core belief that drives your actions, this is something that makes you feel that you have done something awesome today.

How skills and strengths are different: You might be an excellent writer, but you need to learn how to write grants.

Using my IDP online to do some skills assessment.

I want to write up an IDP for a 1st-2nd year, a 3rd-4th year and someone within 6mths of finishing. Give examples of SMART goals, both short and long-term. I can either make these people up or sit down with real students and get their feedback.

How to investigate careers/opportunities to get information.

Online survey:

I am a: $1^{st}/2^{nd}$ yr; 3^{rd} - 4^{th} yr; or 5^{th} or above

I know exactly what I want to do for a career (agree/disagree)

My post-graduate career goal is to be a: research faculty, teaching faculty, industry research scientist, science writer/policy maker, anything else but what I am currently doing, other

How did you discover your career path?

Do you have a good grasp on the day-to-day skill set you will need for this career? (completely, sort of a vague notion, not a clue)

Do you have a good idea what you day-to-day job will look like? (completely, sort of a vague notion, not a clue)

Have you ever given any thought to any of these questions?