



A NS STUDENT-RUN PUBLICATION

# THE CENTRAL SULCUS

FEBRUARY 2025

**WELCOME  
RECRUITS!**

Inside scoop  
on dancing  
spots around  
ATL and  
more...

**BATTLING  
BURNOUT:**  
HOW TO TACKLE  
THE SYMPTOMS



What does a  
day in the life  
of a PhD  
look like?



NEUROSCIENCE RECRUITMENT 2025 EDITION



*In this issue of...*

# THE CENTRAL SULCUS

Welcome to Emory NS 2025 Recruitment! This is definitely bittersweet (this is Emmie) because this is my final edition of The Central Sulcus. It has been an honor to be a weird little voice for the program in this thing that maybe like 6 people read...but I'm grateful to have been a part of it, and Graduates in Neuroscience (GIN), regardless. I would like to dedicate this final edition to the members of GIN, especially Yasmine Bassil, who has tirelessly demonstrated commitment to fostering community in the program over the years in so many different roles. She and others have showed me that the PhD student-workers are truly the backbone of this program, because at the end of the day what brings people together is community and solidarity. I'm gonna miss you guys!!!

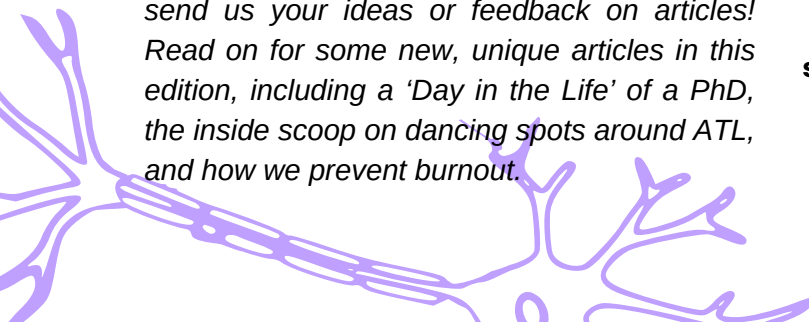
....

Check out our contact info to the right, and send us your ideas or feedback on articles! Read on for some new, unique articles in this edition, including a 'Day in the Life' of a PhD, the inside scoop on dancing spots around ATL, and how we prevent burnout.



# Recruitment 2025

[sites.google.com/view/thecentralsulcus-emory/](https://sites.google.com/view/thecentralsulcus-emory/)  
[thecentralsulcus.emory@gmail.com](mailto:thecentralsulcus.emory@gmail.com)





## EMMIE BANKS

Y4, Rowan Lab

To all the new recruits, welcome! To all the current NS student-workers, are you sick of me yet? Jkjk really though, I'm gobsmacked that it's my SIXTH (and final) edition of *The Central Sulcus*. It's been so fun to compile this 'yearbook' of sorts and play a small part in bringing us together as NS student-workers. To the recruits, if any of you want to talk about research (I work on mechanisms of tauopathy in Alzheimer's disease) or unionization/workers rights, please don't hesitate to reach out to me!

## JANHAVI BHALERAO

Y3, Gourley Lab

Welcome to Emory, recruits :) We are so excited to show you what graduate student life in the program and around Atlanta looks like through this edition of the Central Sulcus! I am always happy to chat about anything and everything, especially if it's about cats, food, and reward-motivated decision-making (in that order). Hope you enjoy this issue!



## SABRAMOUHI

Y2, Andersen Lab

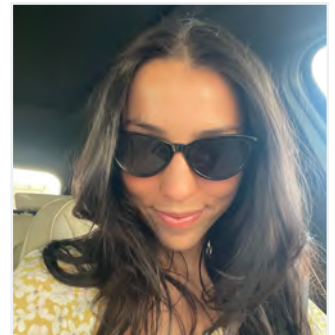
Hellow everyone! Welcome to the recruitment edition of the Central Sulcus, and my second edition!! I hope you all have as much fun reading through this edition as we had fun making it! This is a great place to get a sneak peek on what goes on the program and the students lives inside and outside lab. If anyone wants to talk about disease modeling using organoids, movies, and cats, hit me up!



## MEGAN BISHOP

Y2, Berman Lab

we are back with another edition of the central sulcy baybeeee , and this time, with new friends! Hi recruits! We're so excited to welcome you to the humble abode that is le Whitehead Biomedical Research Building. If anyone is interested in theoretical neuro, gluten free eats (celiacs rise up) , or the best yoga class in town, holler! The community here is like no other; I feel supported, celebrated, and challenged, and I hope you can say the same after your visit! Enjoy reading our edition and these unsolicited pictures of my cat Daphne. andddd hey Emmie - Tar!! UNC basketball if you're reading this, win some games. I beg; I plead.



# MEET THE EDITORS





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# Recent & Upcoming defenses

August 2024 - February 2025

Dr. Matthew Stern

Dr. Ronnie Li

Dr. Alishah Lakhani

Dr. Harrison Watters

Dr. Azalea Lee



Dr. Harrison Watters

Dr. Alishah Lakhani



February-March 2025

Alicia Lane

Rachel Bear

Sarah Blumenthal

Kayla Peelman

Brik Kochoian

# ***NGP Wrapped***

## ***~2024~***

By the numbers, learn a bit about what made up our Neuroscience Graduate Program last year...

**142** **faculty**

**105** **students**

**>23** **conferences**

**>22** **fellowships**

**>10** **awards**

# FURN ELECTIVES

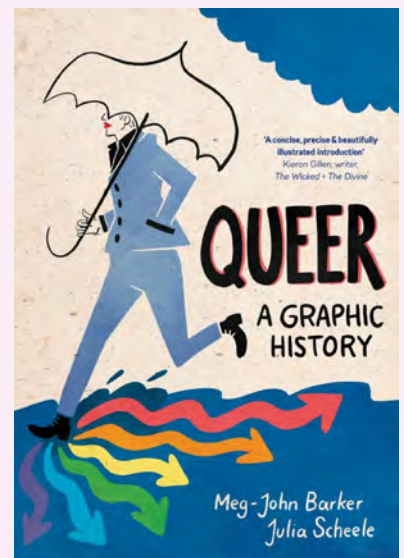
## Highlight: Feminist Neuroscience

“

I was really interested in the **Introduction to Feminist Neuroscience** class at Emory, so I have been doing a Directed study with the professor, Megan Massa, since last semester. It has been a great way for me to not only learn some feminist and queer theory, but also to think critically about how neuroscience treats sex differences in research settings. This study has opened my eyes to the history behind many societal structures and stereotypes and I always look forward to my discussions with Dr Massa! I'm currently reading *Queer: A Graphic History* and would recommend to anyone who wants a better understanding or introduction to the histories of queer thought and theory. I have weekly meetings with my professor discussing the readings, the theory of it, and how to apply that to my everyday research and understanding of science and the world around me.

-Gianna Vitelli, 2nd year

”



## Other electives to look out for:

NBB 220	The Musical Brain
NBB 380	Advanced Neuroethics
NBB 480	Applied Neuroethics





# Rotation Roadmap

## Advice on selecting rotations from students who were just in your shoes!

“Choose PI over the science. The science will ebb and flow, everyone eventually hits a wall. The PI will remain constant and if you’re not comfortable/ can relate to your PI, it’ll be difficult to get training and have difficult conversations (which happen in training).”

“Time is the most telling form of investment. Find someone willing to sit with you, talk with you, spend time with you. Training and growth take time, more than they take money or status.”

“Conduct the “beer” test: “Would I get a beer with this person?” As in, *Would you feel comfortable talking to the PI casually? Can you build conversation without it feeling like a job interview every time?* Of course, respect the person you are working for and realize they’re there to guide you, but don’t fear them. If they pass the beer test, the mentorship part will be easier, since communication will be easier. COMMUNICATION IS KEYYYY.”

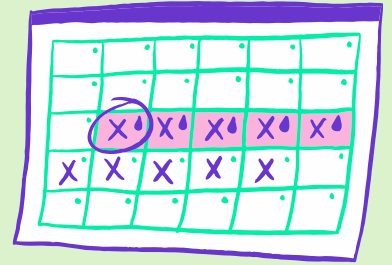
“Don’t just think about the science and the PI but think about the environment itself. If the lab is set up as cubicles with little communication between lab members, is that something you would enjoy? If everyone is sitting next to each other, would you learn well? Think about how you learn best in terms of space, comfort, and overall vibe.”

“When in doubt, ask the students! Don’t just take their surface opinions, but talk about WHY they have that opinion. Do they like the lab because they mesh well with the environment? Would what they describe the environment as ALSO be a good fit for you? Not everyone has the same shoe size, and not everyone will fit in another person’s shoes.”

# DAY IN THE LIFE OF A PHD STUDENT

## Yuhao (Lauren) Gao

A Day in My Life as a 2nd-Year Grad Student

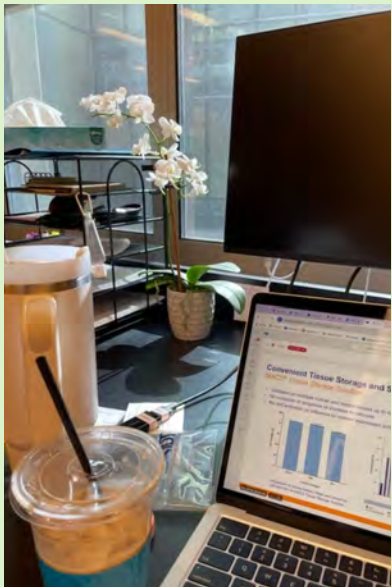


### Morning

During a work week, I usually wake up sometime around 7 or 7:30, and stay in bed for another hour. I like to wake up a few hours before I have to get to campus so I can have a quiet slow morning, where I get to enjoy my cup of tea and breakfast in peace, check on my house plants and then head to lab around 9 -10am. Once I get to my desk, I check on my orchid and write my to-do list of the day. For the rest of the day, I work on my experiments, have my meetings, and always try to get lunch with my lab buddies when possible.



### Afternoon



I continue working after lunch, and then usually leave lab after 4:30-5pm. I do like to spend some time socializing and yapping with my lab mates at the end of the day. Occasionally, I would go to a program event to destress and spend some time with friends outside of lab. I also always make sure I practice french on Duolingo!

The moment I get home, I like to cook myself dinner, and save the leftovers for tomorrow's lunch! After that, my evening starts and it can look different from day to day.

### Evening



My evenings are quiet and relaxing. After dinner, I like to watch my comfort shows and just chill at home. I also stretch and do yoga at home. I have also been exploring new hobbies and interests, so sometimes I would go boxing, do puzzles, or try some fitness class! If I'm not too overwhelmed by following protocols, I'll attempt a baking recipe and make myself a sweet treat.



# Roy Simamora

A Day in My Life as a 3rd-Year Grad Student

## --Late Morning🕒-->

I am not an early riser, I wake up around 9 to 10 am, and usually spend another hour on my phone. I take my time in the morning checking on my plants, having breakfast, and catching up with my family overseas since there is a 12 hours difference between us. I then take the bus to campus and get to my office sometime before lunch and stay pretty late.



## --Late Afternoon-->

In the afternoons, I usually have my lab meetings and also plan what the rest of my day would look like. After yapping and saying goodbye to my labmates who have regular work hours, that's when I start my experiments. I like having the lab space to myself as it helps me focus better. I usually keep my speaker in lab and blast music when I am working alone, sometimes I would watch a movie while doing something repetitive. I also don't have to worry about not being able to book lab equipment because nobody is using them.



## --Late Evening-->

The last bus leaves at midnight, so I try to leave before then. Usually around 10 pm or so. When I get home, I like to fix myself something to eat. I love to cook and I usually meal prep, while doing that I like to watch a movie or a TV show. My favorite show to watch is The Golden Girls. I have to say, there were times I missed my midnight bus, and had to stay in lab until 5 am. I have done that a couple of times, especially when I had long experiments that I wanted to finish in one day. Disclaimer: nobody is making me stay in lab till 5 am, and nobody should make you stay in lab till ungodly hours! Some evenings I would also go out for dinner or go somewhere fun with friends. I also practice my spanish on Duolingo on a daily basis, my streak is over 410 days!

# Betty Bekele

A Day in My Life as a 4th-Year Grad Student

## --- Morning --->

Although I'm a certified night owl, my favorite part of the day is my morning cup of cappuccino. Lately, I've been obsessed with perfecting my latte art, which is often what motivates me to get out of bed in the morning. Mondays are typically the busiest day of the week for me, as our lab has a weekly meeting that starts bright and early. The silver lining? A delicious breakfast or cake if we're celebrating something special. Mondays are also my day to plan the week ahead, organize my mouse colony, and prepare samples for experiments.

Betty's latte art



## --- Afternoon --->

One of my favorite parts of the day is my lunch break, which comes with my second coffee of the day. I meet up with my friend Kedam from the Genetics & Molecular Biology (GMB) program for a much-needed catch-up. Having friends like her and Maxine Robinette (a fifth-year grad student in the Bassell lab) has made grad school more enjoyable and less stressful. After lunch, I'm usually energized and ready to tackle my experiments.



## --- Evening --->



When I first started grad school, I used to attend free workout classes at Woodruff PE Center, but lately, I've been more inclined to hit the gym at my apartment—when the motivation strikes, of course. (I know, discipline over motivation, but I'll get there eventually!)

Once I get home, I love winding down by catching up with long-distance friends over FaceTime, cooking dinner, and binge-watching reality TV. Evenings are also when I work on non-lab commitments, like my role with the student group Black in Neuro. It's important to stay involved, and I find it a nice balance to my research work. Some nights, I step out for dinner with friends and try new spots around Atlanta. Overall, I feel content with the balance I've found in grad school. It's a mix of work, friendships, self-care, and making time to enjoy the small perks that come with being a student again.

# lab traditions



**Gourley Lab**  
Halloween | dressed up as Shannon



**Weinshenker Lab**  
Pumpkin carving



**Birey Lab**  
Dinner at Lan Zhou



**Bassell + Jiang + Das Labs**  
Post-holiday hangout at  
Napolean's Grill



**Murugan Lab**  
"Labby" hour

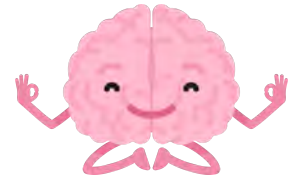


**Devineni Lab**  
Drosophila pictionary



**Gourley Lab**  
Valentine's day presentation

# meet your student organizations!



## Atlanta Brain Bee

With over 70 regional and 30 national competitions in participating states and countries, the International Brain Bee is an elimination-style contest that provides a great chance to demonstrate knowledge of neuroscience. Students from all over the world compete for the title of Best Brain! The Atlanta chapter of the International Brain Bee, organized by graduate student and faculty volunteers from Emory University and Georgia State University, hosts the Atlanta regional competition. Leading up to the competition, volunteers lead workshops educating students about Neuroscience content, preparing them for success in the competition. On competition day (exciting!!), we facilitate an oral and written competition and host a fun Neuroscience exhibition to introduce students to real-life Neuroscience tools and techniques .

- Megan Bishop, Y2, Competition Co-Chair



**HUGE shoutout to the amazing GIN recruitment coordinators: Mari, Vanessa, and Leslie!!**

## Graduates in Neuroscience (GIN)

Graduates in Neuroscience (GiN) is an official Emory student organization that is led by students in the Neuroscience Graduate Program (NGP). GiN is focused on fostering a well-rounded, inclusive, student community in the NS program. Apart from organizing social/bonding activities for NS students, GiN also coordinates student advocacy in the NS program, helps lead programmatic efforts, provides professional development opportunities for students, promotes campus-wide graduate student efforts, and creates avenues for student expression.

-Iran Gutierrez, Y2, and Yasmine Bassil, Y5, Co-Presidents



# Emory Women in Neuroscience (EWIN)



“Our goal is to cultivate a community of graduate student researchers at Emory University that support the advancement of women in neuroscience. To accomplish this, our aim is two-fold: 1) we aim to support women-identified graduate level researchers interested in neuroscience at Emory University by hosting speakers, panel discussions, networking events, and social events, 2) we aim to cultivate a community that will assist our members throughout their time at Emory University and beyond, as they pursue their career aspirations. As such, our mission is to support students as they deal with issues relevant to women in neuroscience, such as career advancement, balancing work and family commitments, discrimination in the work place, and sexism.” - Anu Korukonda, Y5, Co-President

# Division Student Advisory Council (DSAC)

“This committee consists of a representative from each of the eight graduate programs within GDBBS and is charged with working with the GDBBS staff to address student concerns and other issues. In addition, we sponsor regular student functions that help build a sense of community and interactions among and between programs. A major activity is organizing and hosting the annual GDBBS Student Research Symposium each spring, with student poster and oral presentations.” - Trinity Pruitt, Y3, DSAC President

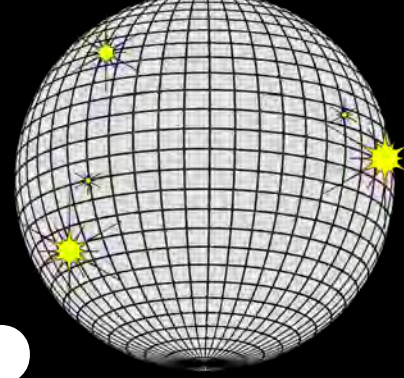
# Emory Biotech Consulting Club

“The Emory Biotech Consulting Club (EBCC) connects graduate students from various backgrounds with Atlanta-based inventors and entrepreneurs to help them overcome the next big obstacle on their path to biotech commercialization, including market assessment, customer discovery, competitor analysis, regulatory pathway identification, intellectual property strategy, and more! This interdisciplinary program is funded by Dean Lisa Tedesco of the Laney Graduate School and is actively partnered with Emory’s Office of Technology Transfer, who are instrumental in recruiting faculty inventors and participating startups. We also sponsor professional development seminars and workshops to help prepare our students for case interviews and careers in consulting.” - Sarah Blumenthal, Y5, former President





# dance.



## IT'S GOOD FOR YOU!

Here's the scoop on some of the most notable dancing spots around Atlanta.

### BANSHEE LATE NIGHT

**Vibe:** Mostly house mixes. Intimidatingly cool looking people. Nice back porch.

**Neighborhood:** EAV

**Fact:** It's a rly good restaurant during the day!



### MJO

**Vibe:** Multiple rooms, rap + pop mixes, some disco house, spaceship decor.

**Neighborhood:** NOW Downtown

**Fact:** R.I.P. to the old location under the shipping container behind the Chipotle on Ponce :( Nothing will top those vibes.

### DARK HORSE

**Vibe:** Top 40 style remixes. Basement Karaoke. Sometimes fratty.

**Neighborhood:** VA Highlands

**Fact:** They have line dancing!

### MARY'S

**Vibe:** For the LGBTQ+. Lots of themed sets / nights. Also back porch.

**Neighborhood:** EAV

**Fact:** It's narrow on purpose. Talk to a stranger! Have a great night!

### THE UNDERGROUND

**Vibe:** Range of venues and sets. Techno and rap heavy.

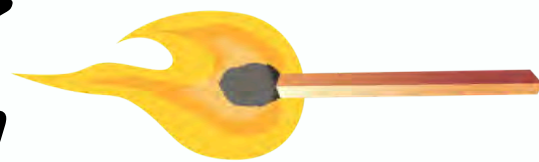
**Neighborhood:**

Downtown (Five Points)

**Fact:** This is where the Peach Drop is held on New Year's Eve



# BATTLING BURNOUT



To work hard, we have to rest hard. Here's how our grad students protect their work-life balance and battle burnout!

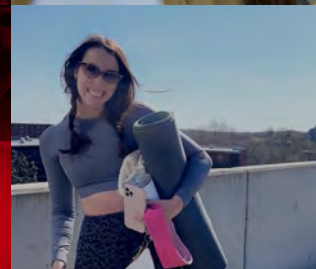
## **Nikki Boon**



“Life as a PhD student can be pretty rough sometimes, so it is important to be able to take a break from all the science chaos and clear your head. For me, track and field has always been the way to go and I am fortunate enough to still be able to compete on Emory’s track and field team. Exercise is a great way to turn your brain off for a moment, get some movement in and relieve some stress. Running is part of what helped me get through the grant writing course and keeps me sane in lab every day. Even just being outside for small part of the day often boosts my mood, so if you’re not a big runner maybe a nice walk or a coffee break outside will help. Speaking of coffee, I am a big fan and enjoy trying out new coffee shops around the city. I will usually bring work to do or something to read so I can do something I enjoy while still being productive. My biggest advice to help create a work life balance is to find something that makes you happy and put it in your schedule. Actually scheduling time outside of work makes it easier to follow through. Knowing you don’t have to worry about work during that time can give you something to look forward to and keep you from getting too caught up in work related events. It is okay to take time for yourself!”

## **Megan Bishop**

“Something really beautiful about science is that it’s never a linear story from start to finish. Sometimes, experiments don’t work, our hypotheses get squashed, and more often than not, we find out we’re wrong. Though these lessons are a step in the right direction towards discovering ground truths that advance our field, for grad students who more often than not battle imposter syndrome, these moments can take a hit on our confidence. In an effort to rebuild this, I tap into daily, intentional movement outside of lab that reminds me of my strength and power. My favorite ways to move as of recent include indoor cycling (both teaching and riding), power vinyasa yoga, and long walks in Piedmont Park with my partner when the weather is gentle and kind.”



# Betty Bekele



“A few of the things that have kept me sane and a little less overwhelmed during graduate school in no order:

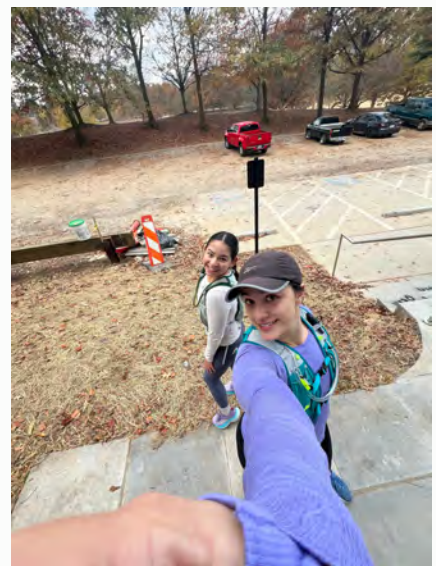
1. Being involved in Black In Neuro (a non-profit organization that connects and empowers Black people in neuro-related fields) has been one of the most rewarding experiences for me. The community we have built (online and in-person) has been a strong source of support and professional development for me.
2. Taking on new hobbies (like crocheting and sourdough baking) and enhancing old ones (practicing Korean, teaching my native language Amharic, trying new recipes etc.)
3. Traveling- whether that is extending a conference trip to visit friends in that city or taking intentional time to visit home or check out a new city, traveling has been another big source of refreshment during grad school
4. Coffee- it is more than just a fuel at this point. Grabbing coffee with friends, appreciating new blends, experimenting with latte art etc. has somehow also been a great source of joy for me lately.”

# Katie James



To keep my balance where I like it, I read- and read and read and read. Stories and narratives and truths and wonders keep me going. I organize a book club to keep up with friends and family back home and have a bookstore bucket list that helps me pick travel destinations!!! Support local bookstores!!!!

# Brittney Ward



Staying active has helped protect me from burnout! Our Thursday night yogaritas are a favorite! I love trying new classes on ClassPass! Also, Iran and I started doing long-distance runs to connect and talk out all our problems while being active. The pic I sent is from our half marathon in December!

# ***Yasmine Bassil*** ***and Iran Gutierrez***

Not only are many of our NS students musically inclined, but some have taken their love of making music to the next level - in getting together and forming a band! Specifically, Iran Gutierrez and Yasmine Bassil, who also happen to be the current Co-Presidents of the Graduates in Neuroscience student organization, have created a band with their fellow labmates. Born out of the Neural Plasticity Research Lab, under the direction of Dr. Michael Borich, la brat is the first-ever band in the Neuroscience program consisting entirely of labmates, with Camille Guzman and Nathan Baune completing the group.



la brat was conceived on a whim by four colleagues turned friends at a research conference in the fall of 2024. What started as a chat obsessing over the prior night's karaoke evolved into frenzied discussions of starting a band. After multiple rushed discussions during conference coffee breaks, the group made plans to get together for the first time to play around with some instruments. This one time event quickly turned into a weekly occurrence - and thus the band was formed.

Taking inspiration from their musical backgrounds and shared connection to music of all genres, they found themselves often leaving the lab and heading straight to band practice. Six months later, they are presenting their debut show, a collection of eclectic covers and a small sample of original pieces. The four members of the band also span across multiple instruments - Camille on the drums, Nathan on guitar, Yasmine on bass and vocals, and Iran on keys and vocals.

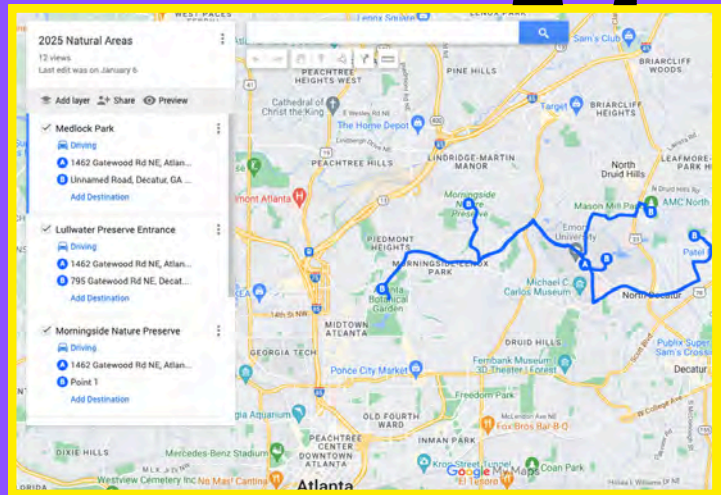
Check out their poster for more information, and maybe even buy a ticket to their show! Even if you can't make it to their performance on Saturday, March 29th, you can still support the band's first performance by buying merch on their website, [labratband.com](http://labratband.com), or following along their journey on their Instagram, [@labratband](https://www.instagram.com/labratband).

# get outside.

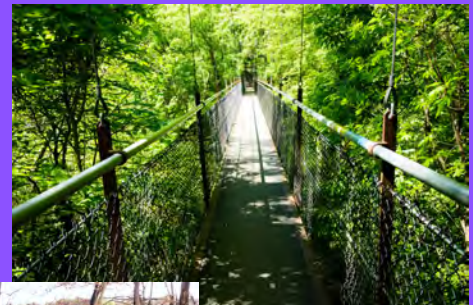


CHECK OUT THESE NATURAL AREA AND BIKING ROUTE MAPS AROUND CAMPUS. CREDITS TO **VANESSA BARRAGAN**

## BIKING MAP!



## NATURAL AREAS!



LULLWATER PRESERVE



MEDLOCK PARK

# NGP DEI Committee

## FALL 2024 PROGRESS REPORT

Interested in joining?  
Scan here!



### Our Mission

The Diversity, Equity, and Inclusion (DEI) Committee is designed to integrate the principles of **diversity, equity, inclusion, accessibility, and justice** into the Neuroscience Graduate Program curriculum, policies, and culture. We aim to promote an environment that will **support the success and well-being of NGP students, faculty, staff, and affiliates.**

### Advocacy

#### Promoting Accessibility in NS courses

We are continuously working closely with faculty to ensure accessibility needs are met for all students, especially in courses that have multiple lecturers and module leaders throughout.

### Events: Past & Upcoming

#### DEI Seminar & Discussion

December 2024

We hosted Dr. Kristen Eckstrand for a seminar on their incredible research and journey through science. Dr. Eckstrand shared about their work studying mental health in LGBTQ+ youth followed by a discussion hour with students and faculty about DEI in science and academia.

#### Journey Through Science

October 2024

We organized a session within the NS Program's Professional Development class. Betty Bekele (Y4) shared her journey through science as an international student. She discussed challenges she faced and how she found support to overcome them. Breakout discussion groups allowed first year students to share their experiences in the program thus far.

#### Financial workshop for graduate students

February 2025

Filing taxes as a graduate student can be confusing! We partnered with Finances with Carolina, LLC to clear up confusion and guide students through completing their tax forms.

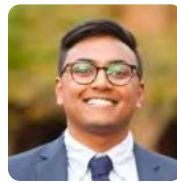
#### DEI Seminar & Mentorship Lunch

April 2025

We will be hosting Dr. Vasiliki Michopoulos (NS program faculty) to give a talk on mentorship for the Frontiers in Neuroscience seminar series. This will be followed by a lunch discussion with students and faculty.

### Meet the team

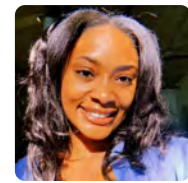
#### Co-Chairs



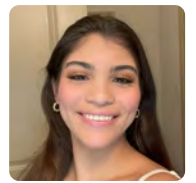
Saahj Gosrani



Hadassah Mendez-Vazquez



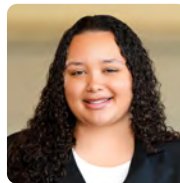
Ary Wiggins-Gamble



Aranis Muniz Perez

#### Internal Affairs

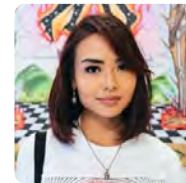
#### Events



Trinidi Prochaska



Maxine Robinette



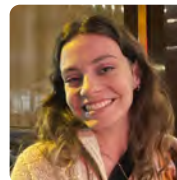
Patlapa Sompolpong

#### Accountability



Aziz Elbasheir

#### Accessibility



Genevieve Craig



Katie James



Isabelle Witteveen Patel



Rebecca Roth

### Resources & Outreach

#### NEW: The NGP DEI Committee Newsletter

We are excited to introduce our brand-new newsletter, where we share upcoming events, highlight inspiring stories of students, faculty, and alumni, and provide curated resource lists for Heritage Months, accessibility, and more!

View the Spring 2024 Newsletter



View our resource documents



## CURRENT EVENT

# STATE OF THE UNION: THE LATEST ON EMORYUNITE!



**Where did we leave off last time?** Last time, we updated you that following the historic vote which formalized our PhD student-worker union EmoryUnite!, contract negotiations between EmoryUnite! and representatives of the Emory administration had begun. **Currently**, negotiations are still underway. Tentative agreements have now been reached regarding: holidays, union representation, the savings clause, and other topics. Critical topics like stipend and healthcare benefits are still under negotiation. Check out the bargaining tracker below for more information.

**How do I get involved in this process?** EmoryUnite! encourages participation and input from all PhD student-workers. You can get involved by attending bargaining sessions, attending general body meetings (see bottom right flyer), joining the bargaining committee, and/or taking on a formal role elsewhere within the union (e.g. co-chair). EmoryUnite! will also be holding another membership card drive this Fall 2025 semester to solicit membership from incoming Y1s of Laney Graduate School. If you still haven't signed a card to become an official union member, you can still do so! Go to [emoryunite.org](http://emoryunite.org) for more information.

**Want to stay up-to-date on contract negotiations?**

Check out EmoryUnite!'s centralized document to track bargaining topics and progress (credit to organizers at Duke for the model):



If you have any other questions or concerns, please reach out to the NS steward (Emmie Banks, [banksemmie@gmail.com](mailto:banksemmie@gmail.com)) OR email EmoryUnite at: [emoryunite@gmail.com](mailto:emoryunite@gmail.com)

### Our Path to Unionizing Emory Graduate Workers



## WEINGARTEN RIGHTS



You have the right to have a Union representative present at any investigatory meeting that could lead to disciplinary action.

#### What are Weingarten Rights?

- Supervisors (e.g. faculty) must allow you to speak with a Union representative **before** and **during** any meeting that could lead to discipline or termination of employment.
- Supervisors are not required to inform you of this right, you must ask for it.
- Your Union representative will be a witness and ensure that proper procedures are followed.

#### How do you use your rights?

- Step 1:** When faculty or staff requests a meeting, ask: "Could this discussion in any way lead to discipline or the termination of my employment?"
- Step 2:** If yes, say: "I respectfully request that I have a Union representative present before I answer any questions."
- Step 3:** Contact your EmoryUnite! steward.



## Join Our 2025 General Body Meetings!

- Calling All PhD Student Workers Who:
- Want a fair contract and a living wage by Spring 2025
- Have questions, ideas, and feedback on how to build a stronger union for all

**January 15th, 5-6pm**

ft. bargaining 2024 recap + Q&A + union t-shirts

Masks provided

Location:

**1462 Clifton Rd, Room 230 & Zoom**

Next Spring GBM Dates:

- Wed Jan 15th @5pm
- Wed Feb 12th @5pm
- Wed Mar 19th @5pm
- Wed Apr 9th @5pm

**Emory Works Because We Do!**

# LGSC RESOURCES FOR STUDENTS

*These are some of the resources open to all LGSC students that you might not know about!*

## Center for student wellbeing at Emory University

The center for student wellbeing is not an undergrads-only resource! Graduate students can benefit from unlimited individualized and goal-oriented coaching sessions with certified coaches to work on specific issues, especially dealing with stress. They also provide a safe environment for sexual health and mental health education.

Website: [healthpromotion.emory.edu](http://healthpromotion.emory.edu) Instagram: [@healthy.emory](https://www.instagram.com/healthy.emory)

## Student Intervention Services (SIS)

SIS is part of Student Case Management and Intervention Services (SCIMS), which provides free meal swipes and emergency housing on a case by case basis. SIS provides on-call staff that are available 24/7 to provide critical needs support and crisis triage, which range from financial, mental, and physical. The SIS team would then activate the necessary campus and community resources. SIS number: 404-430-1120.

SCIMS website: <https://success.emory.edu/index.html>

## Impact Circle at Emory

If you are an Emory community member, and have a project idea that would directly support LGBTQ+, women, and the black community of Emory and surrounding communities, Impact circle at Emory can help set your project off the ground through funding, alumni and professional connections. For more information, contact [ricardo.horne@emory.edu](mailto:ricardo.horne@emory.edu)

Website: <https://together.emory.edu/giving/emory-impact-circles>

## GSGA unlimited MARTA rides

Graduate Student Government Association (GSGA), has launched a pilot program this year to subsidize the price of unlimited MARTA rides, allowing students who use public transportation to get to work. Scan the QR code to apply. Email GSGA for more information: [gsga@emory.edu](mailto:gsga@emory.edu)





# THANKS FOR READING!



See you next time at NS Retreat  
in August!

